

Getting 'Back to Normal' is going to take **ALL OF OUR TOOLS**

Get vaccinated. Wear a mask. Avoid crowds. Wash hands often.



COMMON COVID-19 VACCINE QUESTIONS

WHY SHOULD I GET A COVID-19 VACCINE?

To protect yourself, protect your family, protect your co-workers, protect your community.

ARE COVID-19 VACCINES SAFE?

COVID-19 vaccines were tested in large studies with thousands of adults of all ages, including those 65 and older. The vaccines were found to be safe and provided very strong protection in older adults.

The risk of catching the virus and having a bad outcome is much higher than any risk from the vaccine.

CAN THE COVID-19 VACCINE CAUSE COVID-19 DISEASE?

The **vaccine cannot give you COVID-19**; there is no live virus in it!

Thank you for your efforts to ensure the best protection possible against COVID-19.

VISIT [VACCINENM.ORG](https://www.vaccinenm.org) OR CALL 1-855-600-3453

WHAT ARE POSSIBLE SIDE EFFECTS ?

The most common side effects are:

- pain where the shot was given
- tiredness or fatigue
- headache
- fever
- chills
- muscles aches
- joint pain
- nausea

Side effects were usually mild to moderate and went away quickly. Serious side effects were very rare.

WHAT CAN I DO IF I HAVE SIDE EFFECTS FROM THE VACCINE?

- Talk to your doctor about over-the-counter pain relievers, such as ibuprofen or acetaminophen.
- For pain in the area where you got the shot, apply a cool wet washcloth and move the arm.
- For fever, drink plenty of fluids and dress lightly.